

How to Play (Teachers)

1. Try to make the presentation engaging by splitting the group up into 2 or 3 smaller groups.
2. Put the presentation in 'Slide Show' mode.
3. Toggle through the presentation by either clicking anywhere on the slide or using the arrow keys to go one slide forward or one slide back.
4. Each group gets a chance to answer correctly. If they get the answer right, the group gets a point. If they get it wrong, another group has the chance to answer and win a point.
 1. Group with the most points at the end of the presentation wins.
5. For additional talking points for each question, we have included text in the "Notes" section of the presentation.
6. If you receive questions or need additional support, please reach out to Bike New York.





RIDE YOUR BIKE LIKE A PRO

NYC School Edition



BIKE NEW YORK

BICYCLING=RISKY BUSINESS?



True

or

False

Bicycling is dangerous?



BICYCLING=RISKY BUSINESS?

Cyclists who make smart, safe decisions can have fun and be safe.

Bicycling is great for your heart, lungs, muscles, and brain! It's also good for the earth.

FALSE!



USING YOUR HEAD – BEFORE YOU RIDE!

You only need to wear a bike helmet if you're riding on the street.

True

or

False



Bike crashes
and head
injuries can
happen
anywhere at
any time.

ALWAYS
wear a
helmet
EVERY time
you ride your
bike.

USING YOUR HEAD BEFORE YOU RIDE

FALSE!



BIKE SAFETY CHECK

True

or

False

It's OK to ride a bike that has loose, broken, or missing parts.



BIKE SAFETY CHECK

FALSE!

Air: Squeeze the tires to see if they have enough air.

Breaks: Make sure the brakes on your bike work and can stop you quickly

Chain: Make sure the chain is not rusty, twisted, or loose.

Quick-releases. Make sure the quick release levers are **tight**.



CONTROLLING YOUR BIKE

True

or

False

Dragging your shoes on the ground is one of the best ways to stop your bike.



CONTROLLING YOUR BIKE

Dragging your feet on the ground can cause you to twist an ankle.

Plus, you can't stop your bike quickly in an emergency using your shoes on the ground.

FALSE!



IMPORTANCE OF YOUR BIKE

True

or

False

Bicycles are not toys,
they are vehicles.



IMPORTANCE OF YOUR BIKE

TRUE!

A bicycle is your first vehicle. It has steering and brakes. It can take you faster and farther than any toy that you can ride on.



COMMUNICATING WITH DRIVERS



Demonstrate the 3 (or 4) **hand signals** for communicating with **drivers**.



COMMUNICATING WITH DRIVERS

Demonstrate the 3 (or 4) hand signals for communicating with drivers.

1



2



3



4



BIKE AND TRAFFIC RULES

Bicyclists don't have to follow traffic rules like drivers and cars.

True

or

False



BIKE AND TRAFFIC RULES

FALSE!

Bicyclists don't have to get licenses or put license plates on their bikes.

But they still have to follow the **same traffic rules** as drivers.



WHERE DO BIKES BELONG?



True

It's OK for kids under 12 years to ride their bikes on the sidewalk.

or

False



WHERE DO BIKES BELONG?



Children
under 12
can ride a
bike on the
sidewalks in
New York.

TRUE!



WHERE DO BIKES BELONG?

True

or

False

It's completely safe to bike
on the sidewalk because
cars don't drive there.



WHERE DO BIKES BELONG?

FALSE!

There **are** still some **hazards** on sidewalks.

Driveways & Intersections: **always** **slow down**, and **look LEFT** and **RIGHT** for cars entering or backing out of driveways, or crossing an intersection.



WHERE DO BIKES BELONG?

If I am riding on the street, it's a good idea to ride my bike facing traffic, so I can see cars coming.

or

True

False



WHERE DO BIKES BELONG?

FALSE!

If you are riding on the street,
always ride your bike **with the**
flow of traffic, so that drivers
see you and have **time to**
react.



WHERE DO BIKES BELONG?

You should always ride close to parked cars to stay out of the way of traffic.

False

or

True



WHERE DO BIKES BELONG?

Never ride closer than 4 feet from parked cars. Ride too close and you risk getting doored.

FALSE!



RIDING AT NIGHT

True

False

or

Cyclists only need to wear bright colors and use reflectors at night.



RIDING AT NIGHT

FALSE!

Your bike should also have
a white light
in front and a red light in
back.



BONUS ROUND!

What's a good way to be
HEARD while riding your bike?



BONUS ROUND!



BONUS ROUND!



What does this mean?



BONUS ROUND!

What does this mean?



BONUS ROUND!

What does this mean?





**YOUR CHOICES BEHIND THE
HANDLEBARS MAKE A DIFFERENCE**





**THANK
YOU!**

www.bike.nyc